

Gender-Based Work Stress in Internet Companies from a Life Course Perspective

LIANG Meng

*(Department of Social Work, School of Humanity and Law, Beijing University of Civil Engineering and Architecture,
Beijing 102616, China)*

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Abstract: Along with the rise of work stress in the development of Internet industry, especially in the context of female labour still shouldering the work and family double burden, gender-based differences in work stress requires attention. This paper adopts a life course perspective, especially with its emphasis on time and space, in an analysis of work stress at the levels of the individual, social structure and history and culture so as to uncover the similarities and differences between men and women in different life stages in Internet industries. In particular, for women who are at the bearing age, family-based division of labour, the organization's gender-based strategy and individuals' gender awareness are important contributing factors to their work stress and hence, key storylines to explain the constitution of gender-based differences in work stress.