

Title	Fundamentals of Health at Work
Author	Carol Wilkinson
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Brief Introduction	<p>"Fundamentals of Health at Work" is an engaging re-assessment of workplace health, with particular emphasis on the neglected issues of the social context of the working environment and the impact on individuals of their workplaces. In looking at the historical context of the subject and at the concepts of health and illness, a selective series of thoughts emerge linking history, organizational development and health improvement. This text is comprehensive and unique in its multi-disciplinary analysis. It explores workplace health from its theoretical foundations and draws together the themes of occupational medicine, health and safety, workplace health development and occupational health. It provides a solid introduction for students of occupational health and safety, sociology, health studies and health promotion. It is of particular value to those working in local authority environmental health departments and the health care professions, especially nurses and health promotion specialists.</p> <p>This text is intended to be a re-assessment of issues of workplace health. There is particular emphasis on the neglected social context of workplaces and their impact on individuals.[Ⓢ]</p> <p>In an attempt to wrestle with history and concepts of health and illness, there emerges a series of thoughts linking history, organisational development and health improvement, not by any means complete, and I apologise to those writers whom I have not included but the necessity to be selective, will hopefully become apparent in the reading.[Ⓢ]</p> <p>The aim, is to engage the reader to begin to look beyond issues of legislation and safety and to recapture the essence of public health within our own time and to learn through history to develop and improve the health of people within our workplaces.[Ⓢ]</p> <p>The text was partly written out of frustration concerning the limited reading material available on the phenomena of workplace health and illness in Britain. There is much on regulation and safety which exists in the main, not that there is a necessary detraction from these issues and ideas, for it is acknowledged that they bring a valuable contribution to our understanding of the field. However, the consideration of the social context of health and illness is neglected; its starting point, progression, its recovery and development <u>is</u> my aim.[Ⓢ]</p> <p>This is merely the beginning of analysis and I hope others will in time join forces in picking up the threads.[Ⓢ]</p> <p>My indebtedness is extended to the works of the late Bertil Gardell whom I discovered some eight years ago. This book does only small justice to aspects of his work. I hope the discoveries continue to develop and grow in time and that my readers do the same.[Ⓢ]</p> <p style="text-align: right;"><i>Carol Wilkinson</i>[Ⓢ]</p>